



ONSITE NUTRITION COUNSELING

A covered benefit under
most health insurance plans.

NUTRITION

THE KEY INGREDIENT OF
ANY WELLNESS PROGRAM
THAT AIMS TO:

- Contain medical costs
- Reduce health risks
- Increase productivity
- Reduce absenteeism

Our coaches help all employees connect
WHAT THEY EAT TO HOW THEY FEEL
and will support their efforts to make lasting improvements.

OUR ONSITE NUTRITION COUNSELING SERVICES CAN HELP EMPLOYEES:

- Manage weight
- Improve heart health
- Treat and prevent diabetes
- Lower blood pressure and cholesterol

BONUS TOOLS

- Free access to online challenges
- Convenient messaging tools
- Monthly healthy digest
- Discounted Fitbits





OUR UNIQUE ONSITE NUTRITION SERVICES

Our Nutrition Coaches are a team of highly trained Registered Dietitians who deliver evidence-based solutions that help employees navigate the complex food choices they face daily.

Traditional Nutrition Services	Wellness Coaches' Onsite Solution
Offsite providers and physician offices, hospitals and clinics	Onsite in the workplace
Requires employees to go to provider	Provider comes to employees
Appointment based, inconvenient, and difficult to find approved providers	On-demand, flexible, with tele-health and technology capabilities to extend reach, and improve connectivity

ONE-ON-ONE PERSONALIZED SUPPORT

We believe people want to be healthy, but understand it's not easy to accomplish this on their own. We consistently produce industry leading engagement and health risk improvement outcomes.



TRUSTED ONSITE PROVIDER

15 - Years creating happier and healthier employees.

35 - States where our coaches are currently deployed.

500 - Employer locations where our coaches create a healthier culture for virtually every industry and employers of all sizes.

250,000 - Number of employees that we are currently coaching towards their health goals.

CONTACT US: To help you maximize your critically important health insurance covered nutrition benefit!

Wcusa.com

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On-site connections. Out-of-sight results.™